



Safety Plan Guidelines for Sexual Abuse Parenting Group: Learning How to Protect

General considerations for the development of a safety plan

- The safety plan is a written document created by the client with the assistance of the therapist.
- Safety planning should be individualized for each client with the goal of preventing immediate risk and minimizing long-term risks.
- The safety plan must specify in behavioral terms how the case-specific risk factors will be addressed.
- The safety plan incorporates “Problem Solving” skills described by Levenson & Morin (2001) in Table 1.2: *Criteria for Determining Nonoffending Parent’s Competency for Reducing the Risk of Child Sexual Abuse (CSA)*.
 - The Safety Plan describes the parent’s behaviors and strategies, specific to that case, that are listed under “Problem Solving” in Table 1.2 above.
- The Safety Plan is shared with the PSW and the Court.
- Once finalized, the Safety Plan is shared with the victim, siblings and, if Family Reunification Plan includes potential reunification with the offender, the Safety Plan is shared with the offender **after** the offender’s successful completion of Sex Offender Treatment. It is shared as part of the family reunification process: see Center for Sex Offender Management (CSOM) 2005 *Key Considerations for Reunifying Adult Sex Offenders and their Families*.

Levenson, J.S. & Morin, J.W. (2001). *Treating Nonoffending Parents in Child Sexual Abuse Cases*. Thousand Oaks, CA: Sage.