

ABBREVIATION	DEFINITION
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A

A1c.....	Glycated Hemoglobin
A&O.....	Alert and Oriented
A&P.....	Auscultation and Percussion
A/P.....	Assessment and Plan
AA.....	Alcoholic Anonymous
ABD.....	Abdominal or Abdomen
ABT.....	Alcohol Breath Test
AC.....	before meals (ante cibum)
ACHS.....	before meals and at bedtime
ACE-I.....	Angiotensin-Converting Enzyme Inhibitors
ACL.....	Anterior Cruciate Ligament
ACLS.....	Advanced Cardiac Life Support
ACSW.....	Associate Clinical Social Worker
ACT.....	Assertive Community Treatment
ad lib.....	as desired (ad libitum)
ADA.....	Americans with Disabilities Act
ADD.....	Attention Deficit Disorder
ADHD.....	Attention Deficit Hyperactivity Disorder
ADL.....	Activities of Daily Living
Adm.....	Admission/admit
adol.....	adolescent
ADR.....	Adverse Drug Reaction
AEB.....	As Evidenced By
AED.....	Automated External Defibrillator
Afib.....	Atrial fibrillation
AH.....	Auditory Hallucination
AIDS.....	Acquired Immune Deficiency Syndrome
AIMS.....	Abnormal Involuntary Movement Scale
AKA.....	also known as
ALB.....	albumin
Alk. phos.....	Alkaline phosphatase
ALT.....	Alanine Transaminase
AM.....	before noon (Latin Ante Meridiem)
AMA.....	Against Medical Advice
AMHS.....	Morning and Bedtime
amt.....	Amount
Amphet.....	amphetamine
AMR.....	Admission Medication Reconciliation
AOD.....	Alcohol and Other Drug (Counselor)
AOT.....	Assisted Outpatient Treatment
APPC.....	Associate Professional Clinical Counselor
API.....	Alvarado Parkway Institute
App.....	application
approx.....	approximately
appt.....	appointment
Apr.....	April
APS.....	Adult Protective Services
apt.....	apartment
ASA.....	Aspirin
ASAM.....	American Society of Addiction Medicine

ABBREVIATION	DEFINITION
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ASAP.....	As Soon As Possible
ASH.....	Atascadero State Hospital
ASL.....	American Sign Language
ASPD.....	Antisocial Personality Disorder
Assmt.....	Assessment
AST.....	Aspartate Aminotransferase
AT.....	Activity Therapy
ATA.....	Acute Treatment Area
ATM.....	Automated Teller Machine
attn.....	Attention
AVH.....	Auditory Verbal Hallucinations
Ax.....	Assessment
AWOL.....	Absent Without Leave

B

B&C.....	Board and Care
B&R.....	Book and Release
b/l, B/L.....	Bilateral
BAC.....	blood alcohol content
BAL.....	blood alcohol level
BBB.....	Bundle Branch Block
BC.....	Board Certified
BCBS.....	Blue Cross Blue Shield
behav.....	behavior
bf.....	boyfriend
BG.....	Blood Glucose
BH.....	Behavioral Health
BHA.....	Behavioral Health Assessment
BIB.....	Brought In By
BID.....	2 times a day
BLS.....	Basic Life Support
BM.....	Bowel Movement
BMI.....	Body Mass Index
BMP.....	Basic Metabolic Panel
BP.....	Blood Pressure
BPH.....	Benign Prostatic Hypertrophy
BPMH.....	Best Possible Medication History
BPRS.....	Brief Psychiatric Rating Scale
Bro.....	Brother(s)
BS.....	Blood Sugar
BSAR.....	Behavior, Stimuli, Action, Response
btw.....	between
BUN.....	Blood Urea Nitrogen
BVM.....	Bag Valve Mask
BW.....	Body Weight
Bx, bx.....	behavior
BZD.....	Benzodiazepines

C

C.N.S.....	Clinical Nurse Specialist
C/O.....	Complains Of
C ₁ , C ₂	first cervical vertebrae etc.
CA.....	Cancer/Carcinoma
CABG.....	Coronary Artery Bypass Graft
CAD.....	Coronary Artery Disease
CADC.....	Certified Alcohol and Drug Counselor
CAH.....	Command Auditory Hallucinations

ABBREVIATION	DEFINITION
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Cal.....	Calorie
Card	Cardiovascular
CAS.....	Certified Addiction Specialist
CAT.....	Computerized Axial Tomography
Cauc.....	Caucasian
CBC.....	Complete Blood Count
CBD.....	Cannabidiol
CBT.....	Cognitive Behavioral Therapy
CCBH.....	Cerner Community Behavioral Health
CCHO.....	Consistent/Controlled Carbohydrate Diet
C-SSRS.....	Columbia – Suicide Severity Rating Scale
CC.....	Chief Complaint
Cert.	Certification (e.g. 14-day hold)
CF	Cardiac Failure
CH.....	Crisis House
chem dep.....	chemical dependence
CHF.....	Congestive Heart Failure
ChgN.....	Charge Nurse
CI	Crisis Intervention
CIWA.....	Clinical Institute Withdrawal Assessment for Alcohol
CKD.....	Chronic Kidney Disease
CK-MB.....	Creatine Kinase-Myocardial Band
cigs.....	cigarettes
CLT	Client
CM	Case Manager
CMH.....	County Mental Health
cm	centimeter
CMgt.....	Case Management
CMP	Comprehensive Metabolic Panel
CN.....	Cranial Nerve
CN.....	Charge Nurse
CNA.....	Certified Nurse Assistant
CNS.....	Central Nervous System
CO.....	Carbon Monoxide
CO ₂	Carbon Dioxide
COD	Co-occurring Disorders
Cog	cognitive/cognition
combo	Combination
cons.....	conservator/ship
Conc.....	Concentrated
cont.	continue(d)
Conv.....	Conversations
COPD.....	Chronic Obstructive Pulmonary Disorder
COV-2	Coronavirus 2
COVID.....	Coronavirus Disease
COVID-19.....	Coronavirus Disease 2019
COWS	Clinical Opiate Withdrawal Scale
CP.....	Cerebral Palsy or Chest Pain
CPK.....	Creatine Phosphokinase
CPR.....	Cardiopulmonary Resuscitation
CPS.....	Child Protective Services
CPT.....	Current Procedural Terminology
CQI.....	Continuous Quality Improvement

ABBREVIATION	DEFINITION
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CR.....	Cardiorespiratory
CRC.....	Certified Rehabilitation Counselor
CRE.....	Carbapenem Resistant Enterobacteriaceae
Creat.....	Creatinine
CRF	chronic renal failure
CRF	Community Research Foundation
CRU.....	Crisis Recovery Unit
crystal	crystal-methamphetamine
CSF	Cerebrospinal Fluid
CSU.....	Crisis Stabilization Unit
CT.....	Computerized Tomography
CTAB.....	Clear by Auscultation Bilaterally
CTO.....	Criminal Protective Order
ctr	center
CTRS.....	Certified Therapeutic Recreation Specialist
Ctry.....	Country
CURES.....	Controlled Substance Utilization Review and Evaluation System
CV	Cardiovascular
CVPD.....	Chula Vista Police Department
CVA	Cerebrovascular Accident
CVD.....	Cardiovascular Disease
CWS.....	Child Welfare Services
Cx.....	Cervix
CXR.....	Chest X-Ray

D

D/C	Discontinue or Discharge depending on context
D/O	Disorder
D/T.....	Due To
D/W	Discussed With
DASA.....	Dynamic Appraisal of Situational Aggression
DBP.....	Diastolic Blood Pressure
DBT	Dialectical Behavioral Therapy
DC Plan	Discharge Plan
DC	Discontinue or Discharge depending on context
DDx	Differential Diagnosis
DEA.....	Drug Enforcement Agency
DET	Detention for Evaluation and Treatment
DEXA.....	Dual X-Ray Absorptiometry
DtaP	Diphtheria and Tetanus Toxoids and Acellular Pertussis vaccine
detox.....	Detoxification
dict.....	Dictated
diff.....	differential
DISPO	Disposition
DJD	Degenerative Joint Disease
dl	deciliter
DM.....	Diabetes Mellitus
DMR.....	Discharge Medication Reconciliation

ABBREVIATION	DEFINITION
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DNA.....	Desoxyribonucleic Acid
DNR	Do Not Resuscitate Order
DNR	Do Not Report in relation to laboratory results
DO.....	Doctor of Osteopathy
DOB	Date Of Birth
doc	documentation
DOC	Drug of Choice
DOI.....	Date Of Inquiry/Date Of Injury
DON	Director of Nursing
DP	Discharge Planning
DP/SNF	District Part/Skilled Nursing Facility
DPT	Diphtheria, Pertussis, Tetanus
DR.....	Day Rehabilitation
DR.....	Delayed Release
drsg.	dressings
DSM-IV.....	Diagnostic and Statistical Manual of Mental Disorders IV
Dt	Date
DTC.....	Day Treatment Center
DTI	Downtown Impact
DTO.....	Danger to Others
DTS	Danger to Self
DTSO	Danger to Self and Others
DTs.....	Delirium Tremens
DUI.....	Driving Under the Influence
DV	Domestic Violence
DVT	Deep Venous Thrombosis
Dx.....	Diagnosis
DYC.....	Douglas Young Clinic

E

E1.....	Psychiatric Evaluation
EA	Each
e.g.	for example
EBT	Electronic Benefit Transfer
ECC.....	Enhanced Care Coordination
ECPD	El Cajon Police Department
ECT	Electro Convulsive Therapy
ED	Emergency Department
ed	education
EDD.....	Employment Development Department
EEG.....	Electroencephalogram
EENT.....	Ears, Eyes, Nose & Throat
eff	effective
EG.....	Ethyl Glucuronide
EGD	Esophagogastroduodenoscopy
eGFR.....	Estimated glomerular filtration rate
EHR.....	Electronic Health Record
EKG/ECG	Electrocardiogram
EMAR.....	Electronic Medication Administration Record
EMG.....	Electromyogram
EMR	Electronic Medical Record
EMS	Emergency Medical Services
EMT.....	Emergency Medical Technician

ABBREVIATION	DEFINITION
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ENT	Ear, Nose, Throat
EOH.....	Enhanced Observation Housing
EOM	Extraocular Muscles
EOMI	Extraocular Muscles Intact
EOS.....	Eosinophil Count
EPS	Extrapyramidal Symptoms
EPU	Emergency Psychiatric Unit
ER	Emergency Room
ER	Extended Release
ESCPD.....	Escondido Police Department
ESR	Erythrocyte Sedimentation Rate
ETA	Estimated Time of Arrival
etc.....	et cetera
EtG	Ethylglucuronide
ETOH.....	Ethyl Alcohol
eval.....	Evaluation
EVS.....	Environmental Services
ex	Example

F

F	Fahrenheit
f	female
F, Fri.....	Friday
Fa.....	Father
F/U or f/u.....	follow-up
Fam	Family
FAX	facsimile
FBS	Fasting Blood Sugar
FCNV.....	Fever, Cough, Nausea, Vomiting
Fe	Iron
FeSO ₄	Ferrous Sulfate
FFS.....	Fee For Service
FHC	Family Health Center
FHx.....	Family History
FIN.....	Financial Identification Number
fl.	Fluid
FROM.....	Full Range of Motion
FS.....	finger stick
FSH	Follicle-Stimulating Hormone
ft.....	Foot/Feet
FT	Family Therapy
FTE.....	full time equivalent
FUO	Fever Of Unknown Origin
Fx, or FX.....	Fracture
Fxn	function

G

G1, G2, etc.....	# of pregnancies
GABHS	Group A Beta-Hemolytic Streptococci
GAF	Global Assessment of Functioning Scale
GB	Gallbladder
GC.....	Gonorrhea
G/C or gc.....	gross confusion
GD	gravely disabled
GE	Gastroenterology
GERD	Gastroesophageal reflux disorder

ABBREVIATION	DEFINITION
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gf.....	girlfriend
GFa.....	Grandfather
GFR.....	Glomerular Filtration Rate
GG.....	Gamma Globulin
GI.....	Gastrointestinal
Gluc.....	glucose
gm.....	gram
GMo.....	Grandmother
GPA.....	Gravida, Para, Abortus
Grav. I, II, III,.....	Primagravida, Secundigravida, etc., indicating woman of so many pregnancies
GSW.....	Gunshot Wound
gtt.	gutta (a drop)
Gtts.....	Guttae (drops per minute)
GU.....	Genitourinary
GYN.....	Gynecology

H

(H).....	High value
H & H.....	Hemoglobin & Hematocrit
H&P.....	History & Physical
HS.	at bedtime
h/a.....	headache
H/O or h/o.....	History Of
H ₂ O.....	Water
H ₂ O ₂	Hydrogen Peroxide
HAL.....	Haloperidol
HAR.....	High Assault Risk
halluc.....	hallucinations
HbA1c.....	Glycated Hemoglobin test
HBP.....	High Blood Pressure
HBV.....	Hepatitis B virus
HC.....	Hydrocortisone Cream
hCG.....	Human Chorionic Gonadotropin
Hct.....	Hematocrit
HCTZ.....	hydrochlorothiazide
HDL.....	High-density Lipoprotein
HEENT.....	Head, Ears, Eyes, Nose, Throat
hemat.	Hematology
Hep.....	Hepatitis
Hgb.....	hemoglobin
HGH.....	Human Growth Hormone
HHSA.....	Health and Human Services Agency
HI.....	Homicidal Ideation
Hib.....	Haemophilus Influenzae Type b
HBIPS.....	Hospital-Based Inpatient Psychiatric Services measures (The Joint Commission)
HIPAA.....	Health Insurance Portability and Accountability Act
HIV.....	Human Immunodeficiency Virus
HLD.....	Hyperlipidemia
HMO.....	Health Maintenance Organization
HPV.....	Human Papillomavirus
hosp.....	hospital
HPI.....	History Of Present Illness

ABBREVIATION	DEFINITION
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HR.....	Heart Rate
hr.....	hour
HRA.....	Health Risk Assessment
hs.....	at bedtime Hora Somnia
hsg.....	housing
Ht.....	Height
HTN.....	hypertension
Hx, hx.....	History

I

I&D.....	Incision & Drainage
I&J.....	Insight and Judgment
I&O.....	Intake and Output
i.e.....	that is
IADL.....	Instrumental Activities Of Daily Living
IBW.....	Ideal Body Weight
IC.....	Infection Control
ICD-10CM.....	International Classification of diseases 10 th Revision - Clinical
ICM.....	Intensive Case Management
ICN.....	Institutional Charge Nurse
ID.....	Identification
IDDM.....	Insulin-Dependent Diabetes Mellitus
IEP.....	Individualized Education Plan
IgA, IgG.....	immunoglobulin A, immunoglobulin G, etc.
IHOT.....	In-Home Outreach Team
ILF.....	Independent Living Facility
IM.....	Intramuscular
IMD.....	Institute of Mental Disease
immun.....	Immunization
IMPACT.....	Intensive Mobile Psychosocial Assertive Community Treatment
IMR.....	Illness management and recovery
Inappro.....	Inappropriate
info.....	information
in.....	Inches
INH.....	Isoniazid
Inj.....	injection
Inpt.....	Inpatient
INS.....	Immigration and Naturalization Services
ins.....	insurance
Invol.....	Involuntary
IP.....	Inpatient
IPOC.....	Individualized Plan of Care
IQ.....	Intelligence Quotient
irreg.	irregular
IT.....	Information Technology
ITP.....	Individual Treatment Plan
IUD.....	Intrauterine Device
IV.....	Intravenous
IVP.....	Intravenous Pyelogram

J

JC.....	The Joint Commission
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ABBREVIATION	DEFINITION
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K

K+	Potassium
KC104	Potassium Per Chlorate
KCAL	Kilogram Calorie
KCL	Potassium Chloride
Kg	kilogram
KUB	Kidney, Ureter, Bladder

L

(L)	Low value
L	Left
l	liter
LA	Los Angeles
LAI	Long acting injectable
l/min	Liters per minutes
L ₁ , L ₂	first lumbar vertebra, etc.
lab.	laboratory
lac	laceration
lap.	laparotomy
lat.	lateral
lb.	pound
LBBS	Left Bundle Branch Block
LBP	Low Back Pain
LGBT	Lesbian Gay Bisexual Transgender
LGBTQ+	Lesbian Gay Bisexual Transgender Queer/Questioning Plus
LCSW	Licensed Clinical Social Worker
LDM	Left Deltoid Muscle
LDH	Lactic Dehydrogenase
LDL	Low-Density Lipoprotein
LE	Lupus Erythematosus
LED	Lowest Effective Dose
LFT	Liver Function Tests
Li ⁺	Lithium
LiCO ₃	Lithium Carbonate
liq.	liquid
LLE	Left Lower Extremity
LLL	Left Lower Lobe
LLQ	Left Lower Quadrant
LML	Left Middle Lobe
LMP	Last Menstrual Period
LMPD	La Mesa Police Department
lmpbs	lymphocytes
LOA	loosening of associations/loose associations
LOC	Loss of Consciousness/Level Of Consciousness
Loc	Location
LOS	Length Of Stay
LOS	Line of Sight
LP	Lumbar Puncture
LPN	Licensed Practical Nurse
LPS	Lanterman-Petris Short Act
LSD	Lysergic Acid Diethylamide
LSW	Licensed Social Worker
LTC	Long Term Care
LUE	Left Upper Extremity

ABBREVIATION	DEFINITION
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LUL	Left Upper Lobe
LUQ	Left Upper Quadrant
LVH	Left Ventricular Hypertrophy
LVN	Licensed Vocational Nurse
lymph.	lymphatic
lymphs	lymphocytes
Lytes	electrolytes

M

M	Male
M, Mon	Monday
MD	Doctor of Medicine
MAR	Medication Administration Record
MASU	Medi-Cal Access Support Unit
Mat.	Maternal
MAT	Medication Assisted Treatment
Mat gf.	Maternal Grandfather
Mat gm.	Maternal Grandmother
max.	maximum
MCE	medical care evaluation
mcg.	microgram
MCHC	Mean Corpuscular Hemoglobin Concentration
MCP	Metacarpal-Phalangeal Joint
MCRT	Mobile Crisis Response Team
MCV	Mean Corpuscular Volume
MCV	Meningococcal C Vaccine
MDD	Major Depressive Disorder
MDMA	Methylenedioxymethamphetamine
MDRO	Multidrug Resistant Organism
MDV	Multi Dose Vial
med	medication
MEDI-MEDI	Medi-Cal – Medicare
Meq. (mEqL)	Milliequivalent per Liter
Meth	crystal Methamphetamine
MFT	Marriage and Family Therapist
Mg/dL	Milligrams per deciliter
MHD	Mental Health Disorder
MST	Malnutrition Screen Tool
mg.	milligram
Mg+	Magnesium
mgt	management
MH	Mental Health
MHA	Mental Health Aide
MHC	Mental Health Counselor/ Mental Health Center
MHRC	Mental Health Regional Center
MHSIP	Mental Health Statistics Improvement Program
MI	Myocardial Infarction
MI	Motivational Interviewing
MI	Mental Illness
min.	minute
MJ	Marijuana
ML	milliliter
mm.	millimeter
mmol/L	Millimoles per liter – Blood Alcohol

ABBREVIATION	DEFINITION
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MMPI.....	Minnesota Multi-Phasic Personality Inventory
MMR.....	Measles, Mumps, Rubella vaccine
MMSE.....	Mini-Mental Status Examination
MOM.....	Milk Of Magnesia
MP.....	Metatarsal-phalangeal
MRN.....	Medical Record Number
MSE.....	Mental Status Examination
msg.....	message
MSW.....	Master Social Work
MST.....	Malnutrition Screen Tool
MT.....	Music Therapy/Therapist
MTP.....	Metatarsophalangeal Joints
MVA.....	Motor Vehicle Accident
MVI.....	Multivitamin
MWF.....	Monday, Wednesday, Friday

N

N.....	No
N & V.....	Nausea and Vomiting
N/A.....	Not Applicable
NC.....	Nasal Cannula
NG.....	Nasal Gastric
NA.....	Narcotics Anonymous
Na.....	Sodium
Na+.....	Sodium
NAD.....	No Acute Distress
NAMI.....	National Alliance on Mental Illness
NAS.....	no added salt diet
NC/AT.....	Normocephalic, Atraumatic
NCP.....	Nutrition Care Process
NCPD.....	National City Police Department
NCS.....	no concentrated sweets diet
neg.....	negative
neuro.....	Neurological
NIDDM.....	Non-Insulin Dependent Diabetes Mellitus
NKA.....	No Known Allergies
NKDA.....	no known drug allergies
NOC.....	Night/Nocturnal
NOS.....	Not Otherwise Specified
NP.....	Nurse Practitioner
NPH.....	Type of Insulin (Isophane)
NPO.....	Nothing By Mouth
NRB.....	Non-Rebreather Mask
NS.....	Normal Saline
NS.....	Next Steps
NSAIDS.....	non-steroidal anti-inflammatory drugs
Nsg, NSG.....	Nursing
NSR.....	Normal Sinus Rhythm
NTE.....	Not To Exceed
NTG.....	Nitroglycerine

O

O.U.....	Both Eyes
O ₂	Oxygen
OA.....	Osteo Arthritis

ABBREVIATION	DEFINITION
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OB.....	Obstetrics
OBS.....	Observation
OCD.....	Obsessive-Compulsive Disorder
OD.....	Overdose
ODT.....	Orally Disintegrating Tablet
od.....	Right Eye
OOB.....	Out Of Bed
OP.....	Outpatient
OPD.....	Oceanside Police Department
ORIF.....	Open Reduction and Internal Fixation
Ortho.....	Orthopedic(s)
Os, OS.....	Left Eye
OSA.....	Obstructive Sleep Apnea
OT.....	Occupational Therapy
OTC.....	over the counter
OTD.....	Out the Door
Outpt.....	Outpatient
Ox3.....	Oriented x 3
oz.....	ounce

P

P2P.....	Pathways to Prevention
P & A.....	Percussion & Auscultation
P.....	pulse
PCON.....	Permanent Conservator or Conservatorship
p.m.....	noon – midnight
P.O.....	Parole/Probation Officer
P.T.....	Physical Therapist
P ₁ , P ₂ , etc.....	PARA ₁ , PARA ₂ , etc. (# of pregnancies)
PAD.....	Peripheral Arterial Disease
PA & lat.....	Posterior-Anterior and lateral
PAP (smear).....	Papanicolaou smear
PARA.....	Number Of Pregnancies
PASRR.....	Preadmission Screening and Resident Review
PAT.....	Paroxymal Atrial Tachycardia
path.....	Pathology
pb.....	phenobarbital
PC.....	After Meals
PC.....	Primary Care
PCHS.....	After meals and bedtime
PCN.....	Penicillin
PCON.....	Permanent Conservatorship
PCP.....	Phencyclidine
PCP.....	Primary Care Physician or Primary Care Provider
PCR.....	Polymerase Chain Reaction
PCV.....	Pneumococcal Conjugate vaccine
PD.....	Police Department
PDT.....	Pacific Daylight Time
PE.....	Physical Examination
peds.....	Pediatrics
per.....	through, according to
PERRL.....	Pupils Equal, Round and Reactive to Light

ABBREVIATION	DEFINITION
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PERRLA	Pupils Equal, Round and Reactive to Light and Accommodation
PERT	Psychiatric Emergency Response Team
PF	Preservative Free
PFT	Pulmonary Function Test
PGFa	Paternal Grandfather
PGMo	Paternal Grandmother
PH	Past History
pH	symbol for hydrogen ion concentrate
PHI	Protected Health Information
PI	Paranoid Ideation
Ph.D.	Doctor of Philosophy
PHARM.D	Doctor of Pharmacy
PHF	Psychiatric Health Facility
PHP	Partial Hospitalization Program
PID	Pelvic Inflammatory Disease
PIR	problem-intervention-response
PKU	Phenylketonuria
PHF	Psychiatric Health Facility
PLT	Platelet Thrombocyte Count
PM	Time between noon and midnight (Latin post meridiem)
PMA	Psychomotor Activity
PMD	Primary Medical Doctor
PMH or PMHx	Past Medical History
PMR	Polymyalgia Rheumatica
PMS	pre-menstrual syndrome
PO, p.o., po.	By mouth
POA	Power of Attorney
POC	Point of Care
POC	Plan of Care
POLST	Physician Orders for Life Sustaining Treatment
post-op	post-operative
PPD-S, PPD	Purified Protein Derivative, Tuberculin (Stabilized Solution)
PPO	Preferred Provider Organization
PPSV	Pneumococcal Polysaccharide vaccine
PPT	Partial Prothrombin Time
prep.	Preparation (for)
PRN	Pro re nata (as needed, as necessary)
pro.time	prothrombin time
PS	Psychotic
PS	Patient Safety
PSO	Patient Status Order
PDST	Pacific Daylight Savings Time
PST	Pacific Standard Time
PSU	Psychiatric Screening Unit
PTA	Prior to Admission
Psy.D.	Doctor of Psychology
PSYCH	Psychiatry/Psychiatric
psych	psychology
psych test.	Psychological testing
PT, Pt, pt	patient

ABBREVIATION	DEFINITION
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PTSD	Posttraumatic Stress Disorder
PUD	Peptic Ulcer Disease
PVH	Paradise Valley Hospital
Pvt	private

Q

q, Q	every
q2h, q3h	Every 2 hours, every 3 hours, etc
Qam/QAM	omni mane (every morning)
Qh/QH	quaque hora (every hour)
QHS	at bedtime
Qid/QID	quarter in die (4 times a day)
QT	QT Interval
QTc	Heart-rate corrected QT interval

R

R	Restraint
R.D.	Registered Dietician
R/C, r/c	Re-check
R/O	Rule Out
RBBB	Right Bundle Branch Block
RBC	red blood cell
RDM	Right Deltoid Muscle
RDW	Red Cell Distribution Width
re:	with regards to
Rec	recreation
rec.	Recommend (ed)(ation)
Reco	Recombinant
ref.	refused
REF	Reference
rehab	rehabilitation
REM	rapid eye movement
REMS	Risk Evaluation and Mitigation Strategy
RF	rheumatoid factor
Rh	Rhesus (blood factor)
RICA	Recovery Innovations of California
RIS	responding to Internal Stimuli
RLE	right lower extremity
RLL	right lower lobe
RLQ	right lower quadrant
RME	Routine Medical Evaluation
RML	Right Middle Lobe
RN	Registered Nurse
RNA	Ribonucleic Acid
ROI	Release of Information
ROM	Range Of Motion
ROS	Review Of Systems
RPR	Rapid Plasma Reagin (test for syphilis)
RR	Respiratory Rate
RRR	Regular Rate & Rhythm
RT	Recreation Therapy/Therapist
RTA	Recreation Therapy Aid
R/t	Related To
RTIS	Responding to Internal Stimuli
RTF	Residential Treatment Facility

ABBREVIATION	DEFINITION
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RTP.....	Recovery to Practice
RT-PCR.....	Reverse Transcription Polymerase Chain Reaction
RUE.....	Right Upper Extremity
RUL.....	Right Upper Lobe
RUQ.....	Right Upper Quadrant
RV.....	Right Ventricular
RVH.....	Right Ventricular Hypertrophy
Rx.....	Therapy or Prescription
Rxn.....	Reaction

S

S, Sat	Saturday
S, Sun	Sunday
s.e.	side effects
S.W.	Social Worker
S/P	Status Post
S/Sx.....	Signs/Symptoms
S&R.....	Seclusion and Restraint
S ₁ , S ₂	first heart sound, second heart sound
sa	substance abuse
SA	suicide attempt
SAMHSA	Substance Abuse and Mental Health Services Administration
SARS	Severe Acute Respiratory Syndrome
SBP.....	Systolic Blood Pressure
Sbro.....	Stepbrother
Schiz.....	Schizophrenia
SD	San Diego
SDCPH.....	San Diego County Psychiatric Hospital
SDPD	San Diego Police Department
SDRC	San Diego Regional Center
SDSD	San Diego Sheriff Department
SDSU	San Diego State University
SDV	Single Dose Vial
SE	Southeast Region
sec.....	Seclusion
SED.....	Severely Emotionally Disturbed
Sed.....	Supported Education
sed.	Sedimentation
sed.rate	erythrocyte sedimentation rate
SGOT	Serum Glutamic Oxaloacetic Transaminase
SGPT	Serum Glutamic-Pyruvic Transaminase
SH	Social History
SI, Si.....	Suicidal Ideation
Sis	Sister
sib	sibling(s)
SIB.....	Self Injurious Behavior
SL	sublingual
SLE	Systemic Lupus Erythematosus
SMI.....	Serious Mental Illness
SMVH.....	Sharp Mesa Vista Hospital
SNF	Skilled Nursing Facility

ABBREVIATION	DEFINITION
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SNOMED CT	Systemized Nomenclature of Medicine Clinical Terms
SO	Significant Other(s)
SOAP	Subjective, Objective, Assessment, Plan
SOB.....	Shortness Of Breath
soc.....	social/ization
SOL	Solution
soln.....	Solution
Spec Ed	Special Education
spec.....	specimen
SPMI.....	Severe and Persistent Mental Illness
SpO2	Oxygen Saturation
SRA.....	Suicide Risk Assessment
SRO.....	single room occupancy
SS	Social Security
S/S or s/s	Signs & Symptoms
SSA	Social Security Administration
SSD	Social Security Disability
SSDI.....	Social Security Disability Insurance
SSI.....	Supplemental Security Income
SSis.....	Stepsister
SSN	Social Security Number
SSRI	Selective Serotonin Reuptake Inhibitor
staph.....	Staphylococcus
STAT	Statim (immediately)
STD	Sexually Transmitted Disease
Strep.....	Streptococcus
SUB	Substance
sub.q.....	subcutaneous
SUD.....	Substance Use Disorder
surg.	surgery
susp.....	Suspension
susp-inj	suspension-injection
SW.....	Social Worker
Sx.....	symptom(s)
SYHC	San Ysidro Health Center
sz dis	seizure disorder

T

T	Temperature
T, Tues	Tuesday
T, Thursday.....	Thursday
T/Con.....	Temporary Conservator or Conservatorship
T ₁ ,	First Thoracic Vertebra,
T ₂	Second, Thoracic Vertebra
T ₃	Triiodothyronine
T ₄	Thyroxine
Tab	tablet
Tab-Dis	Tablet-Disintegrating
Tab-ER	Tablet-Extended Release
TAY	Transitional Age Youth
TB.....	Tuberculosis
TBI.....	Traumatic Brain Injury
TBD	To Be Determined
Tbsp.	tablespoon

ABBREVIATION	DEFINITION
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TC	Thought Content
TCA	Tricyclic antidepressants
TCon	Temporary Conservator or Conservatorship
Td/Tdap	Tetanus and Adult Diphtheria/Tetanus, Diphtheria and Acellular Pertussis vaccine
Tel	Telephone
temp	Temperature
TENS	transcutaneous electrical nerve stimulation
TFT	Thyroid Function Tests
THC	marijuana or marihuana
TIA	Transient Ischemic Attack
TID	Three times a day (ter in die)
TJ	Tijuana
TMAX	Temperature Maximum
TMIN	Temperature Minimum
TNF	Template Non-Formulary
TJC	The Joint Commission
T.O.	Telephone Order
TOB	Tobacco
TRO	Temporary Restraining Order
TSH	Thyroid-Stimulating Hormone
tsp.	Teaspoon
TTP	Tender to Palpation
TTS	Tobacco Treatment Specialist
TWEAK	Tolerance, Worried, Eye-opener, Amnesia, Cut down
TX, Tx, tx	Treatment/therapy
TxP	Treatment Plan
TxTm	Treatment Team

U

UA, U/A	Urinalysis
UBx	unpredictable behavior
UBW	Usual Body Weight
UC	University of California
UCSD	University of California San Diego
UCSDMC	University of California San Diego Medical Center
UD	As Directed
UDS	Urine Drug Screen
UE	Upper Extremity
unauth	unauthorized
Unk	unknown
UPAC	Union of Pan Asian Communities
UPT	Urine Pregnancy Test
UR	Utilization Review
URI	Upper Respiratory Infection
Urol	Urology
UTA	Unable to Assess
UTI	Urinary Tract Infection
UTOX	Urine Toxicology

V

V.O.	Verbal Order
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ABBREVIATION	DEFINITION
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VA	Veteran's Administration
Vag.	Vagina/Vaginal
Vasc	Vascular
VDRL	Laboratory (re: test for syphilis)
Vets.	Veterans
VH	Visual Hallucinations
VM	Voice Mail
voc.	vocational
VOL, vol	voluntary
VS	Vital Signs
vs.	Versus
VSS	Vital Signs Stable
VVSD	Veteran's Village of San Diego

W

W, Wed	Wednesday
w, w/	with
W/C	Wheel Chair
W/D	Withdrawal
w/o	without
WAIS-R	Wechsler Adult Intelligence Scale-Revised
WBC	White Blood Count
WD, WN	Well Developed, Well Nourished
wk.	Week
wkly	weekly
WNL	Within Normal Limits
WPSU	Women's Psychiatric Screening Unit
WRAP	Wellness Recovery Action Plan
wt.	weight
WW	Wellness Wishlist

X, Y

X	Times
Y	Yes
Y/O, y/o, y.o.	Year (s) old
YOM	Year Old Male
Yr	year
YTD	Year to Date

ABBREVIATION	DEFINITION
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Symbols

Ψ	Psychology, Psychological
↑	Increase
↓	Decrease
>X.....	greater than X
<X.....	less than X
♂	Male
♀	Female
=.....	equal to
%.....	percent
Δ.....	Change
1°.....	primary
2°.....	secondary
@	At
&.....	and

ABBREVIATION	DEFINITION
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#.....	pounds/number
1:1	one-to-one/individual session
?	Question
0x3.....	oriented times three (person, date place)
≈	Approximately
\$	dollar (money)
i,ii,etc.	one, two, etc.
Ø	none/zero
—	less/minus/negative
+	plus/add/positive
√.....	Check or yes
√'s.....	checks