

## CANS Family Letter

Dear Family,

Part of our work together is to figure out how to successfully achieve your goals by identifying:

- Useful strengths
- Strengths to build on
- Areas that need immediate action
- Areas that need action

If you are part of a **Child and Family Team (CFT)**, during an upcoming meeting your Child Welfare Protective Services Worker or Probation officer will likely ask all of us to talk about the **Child and Adolescent Needs and Strengths (CANS)** assessment tool. This assessment tool is based on your input with a goal of leading to a plan that will support your safety and well-being.

Please use the space below to help you organize your thoughts about these concepts. You can share what you write or simply talk with us about what is important to you.

\_\_\_\_\_  
(Clinician Name)

\_\_\_\_\_  
(Date)

Areas Needing Immediate Action	Areas Needing Action
Useful Strengths	Strengths to Build
Upsetting Experiences	