

QUALITY MANAGEMENT MEMO

COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES

To: Mental Health Plan Providers

Date: July 16, 2020

From: Heather Parson, Interim Behavioral Health Program Coordinator, Quality Management Unit

Re: Updated ICD-10 Codes

Effective: Immediately

The Department of Health Care Services has recently published [Behavioral Health Information Notice 20-043](#) (and [Enclosure 1](#)) which has updated several currently used ICD-10 codes for both Outpatient and Inpatient services. These diagnoses are to be valid on and after **October 1, 2019** and will remain in effect until new guidance is issued.

The most notable updates include:

- The deletion of the Illness, unspecified code
- The addition of a code that may be used during the assessment period prior to diagnosis
- Coverage of several mental health diagnoses caused or influenced by substance use, and
- Coverage of autism spectrum disorder

More specifically, a significant change for both Inpatient and Outpatient services includes the **deletion of R 69** (Illness, unspecified), while **F84.0** (Autism Spectrum Disorder) has been added to both Inpatient and Outpatient tables as a covered diagnosis. Also, there is the **addition of Z03.89** (Encounter for observation for other suspected diseases and conditions ruled out).

Examples for use of **Z03.89** ICD-10 diagnosis code may include when providing crisis intervention, crisis stabilization, or during the assessment phase of a beneficiary's treatment when a diagnosis has yet to be established. In the event this diagnosis is determined most appropriate, documentation should support the continued assessment of symptoms and impairments as this diagnosis is only valid for 30 days.

Outpatient providers: **F32.81** (Premenstrual Dysphoric Disorder) has also been added as an included diagnosis.

Due to the number of changes, the following documents are enclosed in this email which provide the most updated information, and all can be found on the Optum website:

- ICD-10 Crosswalk Version 2.4 Revised on 11/26/2019
- Information Notice 20-043 ICD- 10 Updates
- Information Notice 20-043 ICD-10 Enclosure



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CCBH has been updated to reflect the changes and users may immediately begin to use the added diagnoses. Please be mindful that some diagnoses have been subject to a description change.

After reviewing this memo please make the necessary changes to client diagnoses as applicable.

If you have any questions regarding these updates or completion of the forms, please direct them to the QI Matters email: QIMatters.HHSA@sdcounty.ca.gov



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