Executive Summary

Dr. Nicole Esposito, County Behavioral Health Services Department (BHS) Assistant Clinical Director, convenes DMC-ODS Medical Directors (MDs) on a weekly basis via WebEx to provide updates regarding the County’s COVID-19 response efforts as well as to dialog on issues faced by MDs during the COVID-19 emergency. The group reconvened on Thursday, May 7th at 1pm.

The County shared the current COVID-19 numbers that are accessible via the County of San Diego’s ArcGIS COVID-19 Dashboard. Dr. Esposito shared information on T3: The County’s strategy to test, trace, and treat COVID-19. T3 includes but is not limited to more testing equipment, physical testing sites that reach all populations, increased lab capacity, more PPE, new tracing technology, more isolation rooms, expanded follow-up, and antibody research/testing.

The MDs dialogued on a variety of topics, including genetic dispositions, reporting and documentation process for a positive test result from the ordering facility, cost and billing of testing, and priority screening based on state and local guidance. MDs shared on the methods they have employed to maintain contact with clients, including telemedicine and take homes for OTP clients.

The County reiterated its general guidance that if a program (that is not the ordering facility) hears about a positive test for its client or staff, the program is to reach out for guidance from Public Health Services Epidemiology at (619) 692-8499 as soon as possible (if the program has not already been contacted by Epidemiology for contact tracing). The County is working with Public Health on establishing guidance for programs on actions that can be taken in the interim after initial reach out to Epidemiology and before Epi can release information.

The County mentioned that there is no current recommendation for interval/repeat testing in SUD/residential settings at this time.

Programs who are still able to provide both isolation and services to clients who have tested positive are advised to reach out to the County’s Quality Management team for regulatory guidance on delivery of services and documentation requirements.